

Tan, Tone and Body Sculpt

Top To Toe Bronzing Treatment

Ideal for anyone wishing to acquire an instantly healthy all over tanned appearance. Skin softening and smoothing exfoliation followed by an application of Guinot or St Tropez Tan

Full Body 1hr.....	£35.00
Half Body 30mins.....	£25.00

SunFX Spray Tan

The revolutionary new tanning system from Australia

Full Body 30mins.....	£30.00
Half Body 15mins.....	£25.00

C.A.C.I

Electro-cellulite Massager targets specific problem areas, such as abdomen, thighs and bottom, breaking down fat deposits by stimulating the circulation and detoxifying surrounding lymph

Appointment time 30mins.....	£22.00
1hr.....	£40.00
10x1hr.....	£375.00

Skin Purification for the Back

Consists of body exfoliation, massage and mask to unblock pores and eliminate dead skin

Appointment time 45mins.....	£27.00
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Hands and Feet



Rejuvenating Manicure By O.P.I

This age-defying, luxury manicure enriched with the aromatherapeutic essences of citrus fruits and peach blossom will exfoliate, renew and protect hands and nails - for visibly younger looking hands. 1hr.....£25.00

Replenishing Manicure By O.P.I

Beautiful nails and hands couldn't be easier! Our ultra - moisturising Avoplex Skin Therapy range nourishes and replenishes skin with the essence of smoothing avocado. 45mins.....£18.00
1hr.....£23.00

Mini - Cure By O.P.I

A quick fix with all the benefits of cuticle care, nail shaping and a choice of fabulous lacquers to finish. 30mins.....£13.00

Pedicure by O.P.I

The ultimate pedicure cleanses, renews and restores the spirit and mind as well as the feet. 1hr.....£29.00

Ear Piercing by Inverness

The latest high quality ear piercing system.....From £12.50

Smile Gems

Temporary tooth jewel.....£15.00

Stockist of

Guinot - Environ - Jane Iredale - OPI - Tisserand

Waxing

Eyebrows.....	£7.15
Upper lip or chin.....	£6.25
Upper lip and chin.....	£10.00
Underarm.....	£9.00
Bikini from.....	£9.00
Underarm and bikini.....	£15.00
Fore arm.....	£11.00
Half leg.....	£15.00
3/4 leg.....	£19.00
Half leg and underarm.....	£21.50
Half leg, underarm and bikini.....	£27.00
Full leg.....	£22.00
Full leg and underarm.....	£28.00
Full leg, underarm and bikini.....	£35.00

Permanent hair removal

Electrolysis	15mins.....	£11.00
	30mins.....	£20.00

Transdermal

Painless hair removal, no needle system	30mins.....	£20.00
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Removal of thread veins, skin tags etc

	15mins.....	£15.50
	30mins.....	£27.50

Gents Grooming

For the Face

A deep cleansing and relaxing treatment for any skin type

Appointment time 1hr.....	£30.00
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Deep cleansing Mini facial, ideal for problematic skin

Appointment time 30mins.....	£20.00
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For the Body

Massage (please refer to earlier listing)

Chest or Back waxing.....	£15.00
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For the Hands

Manicure

Appointment time 30mins.....	£13.00
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Gift Vouchers

The perfect gift

For that special gift choose from our exclusive range of Jewellery, mirrors, salt lamps and more.

Opening Hours

Tue-Fri.....	9.00am-6.00pm
Sat.....	9.00am-5.00pm
Wed late night.....	9.00am-9.00pm
Sun/Mon.....	Closed

www.ladycareoftroon.com

Ladycare of Troon

Beauty Salon and Shop

57 Templehill
01292 313232

www.ladycareoftroon.com

Facial Treatments by Guinot

Hydradermie Facial

In just over an hour of sheer relaxation. Cathioderme's gentle galvanic and high frequency massage releases the active principles found in our specialised preparations. These tone and firm the tissues, giving the complexion a healthy balanced and freshly moisturised appearance - which lasts for weeks

Appointment time 1hr 15mins.....£39.00

Hydradermie Eye

This treatment will hydrate and tone the delicate eye area helping to prevent wrinkles, reduce fine lines, shadows and puffiness.

Course of 3 recommended

Appointment time 45mins.....£30.00

Hydra-Plus

Created specially to solve the specific problems associated with face, eyes and neck. A luxurious three-in-one treatment

Appointment time 1hr 45mins.....£60.00

Beaute Neuve Facial Treatment

Renew and revitalise the complexion with gentle fruit acids, during this three phase treatment over three consecutive weeks, several times a year

**Appointment time..... 1hr £35.00
.....3 x 1hr £95.00**

Liftosome Treatments

Unique toning facial using concentrations of vitamin C. Visibly lifts and firms the skin

Appointment time 1hr.....£39.00

Aromatic

A blissful hands-on aromatherapy facial with a customised combination of plant extracts and essential oils to suit your skins needs. This relaxing facial balances the skin, softens fine lines and restores radiance

Appointment time 1hr.....£34.00

Body Treatments by Guinot

Body Bien-etre

The ultimate in total relaxation. Exfoliation is followed by a soothing massage. This treatment tones and rehydrates the skin leaving it smooth and supple

Appointment time 1hr 30mins.....£48.00

Absolue Minceur Body Contouring

This is a complete body treatment using mineral clays, essential oils and specialised massage techniques. This relaxing treatment will stimulate circulation, encourage elimination, firm the skin and improve body contours.

Appointment time 1hr 15mins.....£44.00



O.P.I

Facials

Milia Facial

Deep cleansing specialised facial for the removal of white heads

Appointment 1hr.....£33.00

Mini Facial

Introductory facial, incorporating a cleanse, exfoliation and mask

Appointment time 30mins.....£22.00

Extra Relaxing Facial

A relaxing facial with scalp shoulders and back massage

Appointment time 1hr.....£33.00

Make-Up

Special Occasion make-up includes cleanse, tone, moisture and make-up

Appointment time 30mins.....£20.00

Bridal Make-Up

Trial and on the day

Appointment times 30mins.....£38.00

Make-Up Lesson

Advice on all aspects of make-up, includes techniques, colour selection and application

Appointment time 1hr.....£30.00

Ladycare Head to Toe

Includes facial, make-up, manicure, pedicure, and back and shoulder massage, pamper yourself!

Appointment time 2hrs 30mins.....£70.00

Skin Regenerator

A revolutionary treatment for the rejuvenation of the skin. An effective means of treating the signs of ageing as well as improving a variety of skin imperfections

Appointment time 45mins.....£30.00

C.A.C.I.

The original non-surgical face and body lift. Gently helps tighten and tone sagging muscles, whilst smoothing fine lines and wrinkles

**Appointment time 1hr.....£40.00
10 x 1hr.....£375.00**

Semi Permanent Makeup

Using mineral pigments to enhance or create eye brows, outline eyes and lips or create a beauty spot

Lasts from 1-3 years.....From £60.00



Holistic Treatments

Hot Stone Therapy

This unique treatment is designed to uplift and relax the body at its deepest level. It is an extension of massage techniques and is the ultimate in relaxation, with profound effects on the mental, physical and spiritual levels of the body

Full body experience

includes body brushing 1hr 45mins.....£60.00

Back, face and scalp 1hr£44.00

**Back, neck and shoulders 45mins.....£33.00
30mins.....£28.00**

Indian Head Massage

An holistic ayurvedic treatment which can restore balance and help with neck and shoulder tension, sinus problems, eye strain and headaches

Appointment time 1hr.....£35.00

Aromatherapy Massage

Relaxing massage using pure essential oils to relieve stress and promote a sense of wellbeing

Full body 1hr 15mins.....£37.00

Back, neck and shoulders 45mins.....£24.00

Swedish Massage

A deep muscular massage to alleviate muscular strain, stress and tension

Full body 1hr£34.00

Back, neck and shoulders 30mins.....£20.00

Hopi Ear Candles

A soothing and relaxing treatment, an alternative to syringing. Aids in the removal of wax, relieves sinus problems and headaches with the use of essential oils of sage to cleanse and camomile to soothe.

Appointment time 1hr.....£30.00

Reflexology

This is a specialised treatment which works on pressure points on the feet. Helps relieve tension and rebalances the body

Appointment time 45mins.....£23.00

Eye Treatments

Eyelash tint.....£11.50

Eyebrow tint.....£9.00

Eyelash & brow tint.....£17.50

Eyebrow Trim (Wax Or Tweeze).....£7.15

Eyelash Perming

This new technique is especially designed to enhance the eyes. It is completely safe and comfortable. The treatment includes eyelash tint

Appointment time 1hr.....£30.00

Without tint.....£25.00